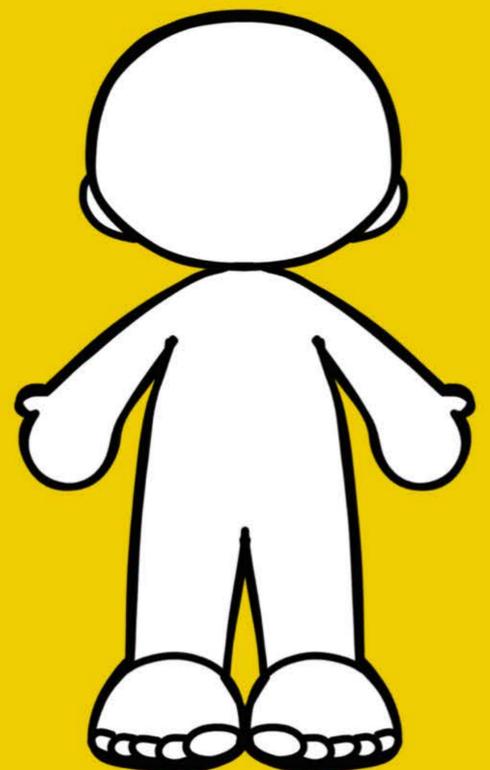


Week 1: Body

# Weekly Lesson Plans



身体



## Lesson Plans/Extension Activities

Materials	Activity/Lesson	Chinese Vocabulary Connection
<ul style="list-style-type: none"> <li>Favorite Items</li> </ul>	Have your child gather 5 of their favorite things or representations of favorite activities. Share your favorite things with a family member or take a video to share with Suzy老师	Practice using 我喜欢 wǒ xǐhuān (I like) as they show items.
<ul style="list-style-type: none"> <li>Matching Game Cards (Included)</li> </ul>	Print two copies of the matching game cards on cardstock. (If printed on copy paper you'll need to glue onto another paper so they're not see through. Turn the cards over and play "memory." Flip two cards and try to find matches.	Body Part vocabulary
<ul style="list-style-type: none"> <li>Music</li> <li>Drawing or Painting Supplies</li> </ul>	Have your child try drawing or painting while listening to various styles of music. What different emotions do they feel from music such as classical, upbeat, pop, etc.?	kāixīn = Happy nánguò = Sad (Practice after video four)
<ul style="list-style-type: none"> <li>Emotions Printable (included)</li> <li>Coloring Tools</li> </ul>	Have your child color the page with different emotion faces. Invite them to consider what colors may best represent each emotion and explain why they think it fits.	Practice color words and emotion vocabulary.*
<ul style="list-style-type: none"> <li>Circle character Page (included)</li> <li>Stickers or coloring tool</li> </ul>	Print the page and use a bingo dauber, stickers or other coloring tool to find all the circles with the character 我/wǒ inside.	Recognizing the character 我/wǒ
<ul style="list-style-type: none"> <li>Large Paper or Sidewalk Chalk</li> <li>Blocks or toys</li> </ul>	Trace an outline of your child outside with sidewalk chalk or indoors on a large paper. Have them talk about body parts and use blocks to measure arms, legs, etc. Count how many toys it takes to "measure" each body part.	Use body part vocabulary and try counting the toys in Chinese.

\* If your child hasn't learned colors yet, save this activity for after week 2!



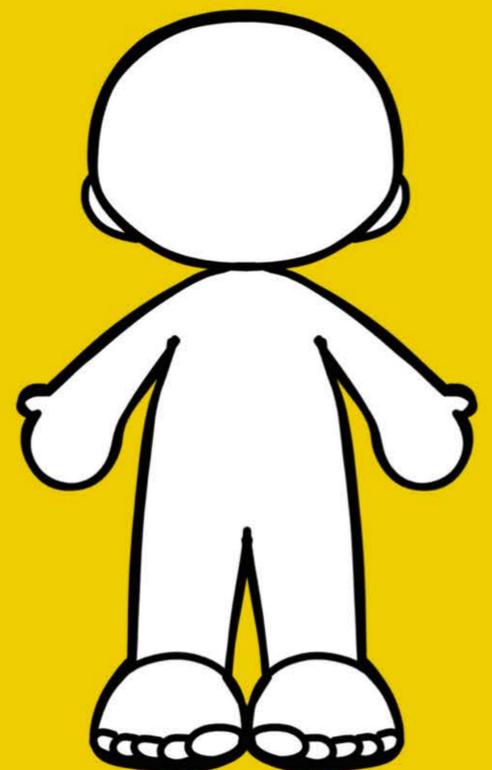
## Lesson Plans/Extension Activities

Materials	Activity/Lesson	Chinese Vocabulary Connection
<ul style="list-style-type: none"> <li>• None</li> </ul>	Stand facing your child and invite them to move different parts of their body. You imitate their exact movements as if you are a mirror to them. Invite your child to try moving different body parts and use varying speeds. Switch roles and they become the mirror of you.	Explain what part you're moving and also try practicing the words for fast 快/kuài and slow 慢/màn.
<ul style="list-style-type: none"> <li>• Number Cards (included)</li> </ul>	Place numbers around a doorway and pretend you must hit a "code" to enter. Try saying the number in Chinese and your child must hit that number card to enter the room. Switch roles and let your child give the code number.	Practicing number words.
<ul style="list-style-type: none"> <li>• 8x11/A4 size photo of your child</li> <li>• Transparency or page protector</li> </ul>	Place a photo of your child in a page protector or cover it with a clear transparency paper. Invite your child to trace the eyes, ears, nose, etc.	Use target body words as they trace features.
<ul style="list-style-type: none"> <li>• Paper and coloring supplies</li> </ul>	Trace your child's hand. Write 手/shǒu and see if they can turn their hand into something else such as an animal, vehicle, etc.	Draw: huàhuà Hand: shǒu
<ul style="list-style-type: none"> <li>• Optional: Paper for Tally chart</li> </ul>	Try saying "wo" even if you must finish the sentence in English. For example, "wo am hungry!" "Wo love you!" Point to yourself when you say it and see if your child will try it! You could try keeping a tally chart to see how many times they remember to say it in a day/week.	wǒ/我
<ul style="list-style-type: none"> <li>• Wo de Shenti Drawing Page</li> <li>• Collage supplies such as fabric, stickers, buttons, etc.</li> </ul>	Use the provided printable and allow your child to decorate it – add facial features, clothing, make a collage with different materials and be as silly as they want. Try to use vocabulary as you play.	Body vocabulary words. wǒ de = My shēntǐ = body 

Week 1: Body

# Activity Printables

一起加油

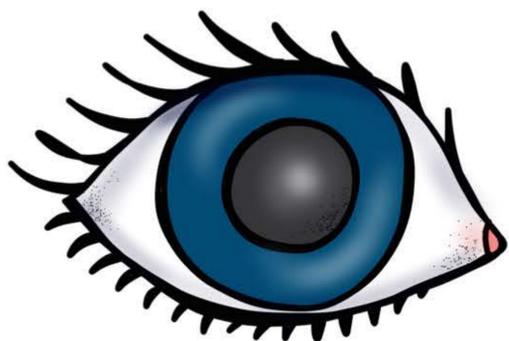


# Memory Game

Print two copies. Turn all the cards upside down on a table. Take turns flipping over two cards at a time. When two cards match, keep the set with you. Whoever has the most sets of matches at the end, wins.

眼睛

yǎn jīng



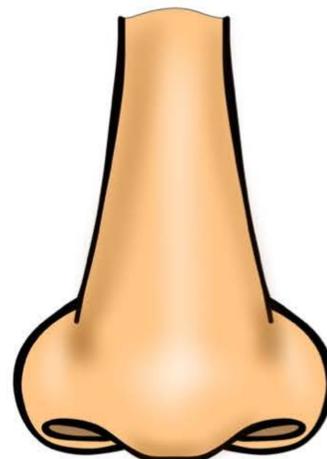
耳朵

ěr duo



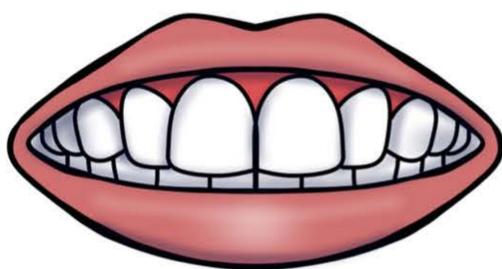
鼻子

bí zi



嘴巴

zuǐ ba



手

shǒu



脚

jiǎo



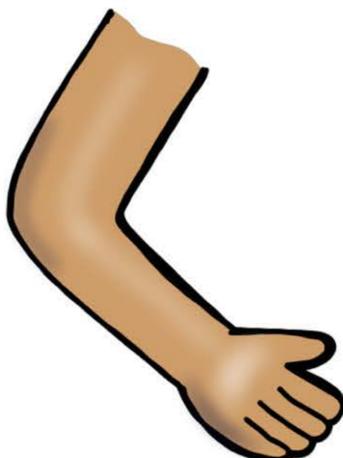
头

tóu



手臂

shǒu bì



腿

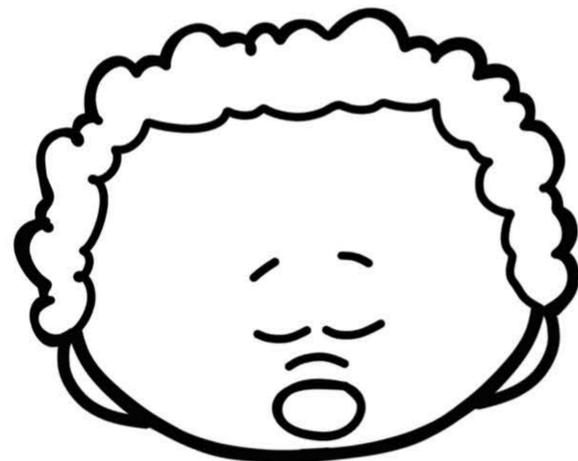
tuǐ



# 感情



生气  
shēng qì



累  
lèi



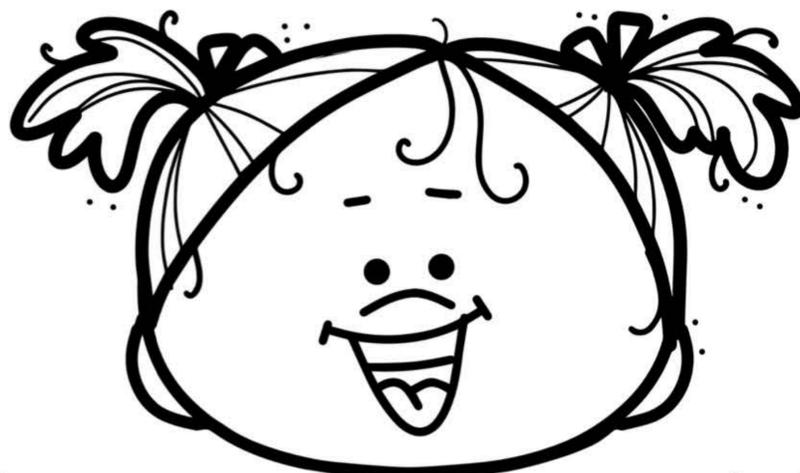
快乐  
kuài lè



难过  
nán guò



害羞  
hài xiū



高兴  
gāo xìng



惊讶  
jīng yà



害怕  
hài pà

Find and cover/color all the circles with the character wǒ/我

我	一	二	我	的	我	三	我	西	东	吃	我
谢	我	用	边	我	六	五	妈	我	谢	给	我
我	我	是	我	十	八	爸	一	的	妈	我	妹
二	我	八	红	我	的	你	我	你	我	的	三
四	十	我	边	我	点	我	谢	用	我	西	给
我	西	我	我	白	你	六	我	多	一	我	东
谢	我	用	我	五	吃	我	六	我	我	我	多

1

一

2

二

3

三

4

四

5

五

6

六

7

七

8

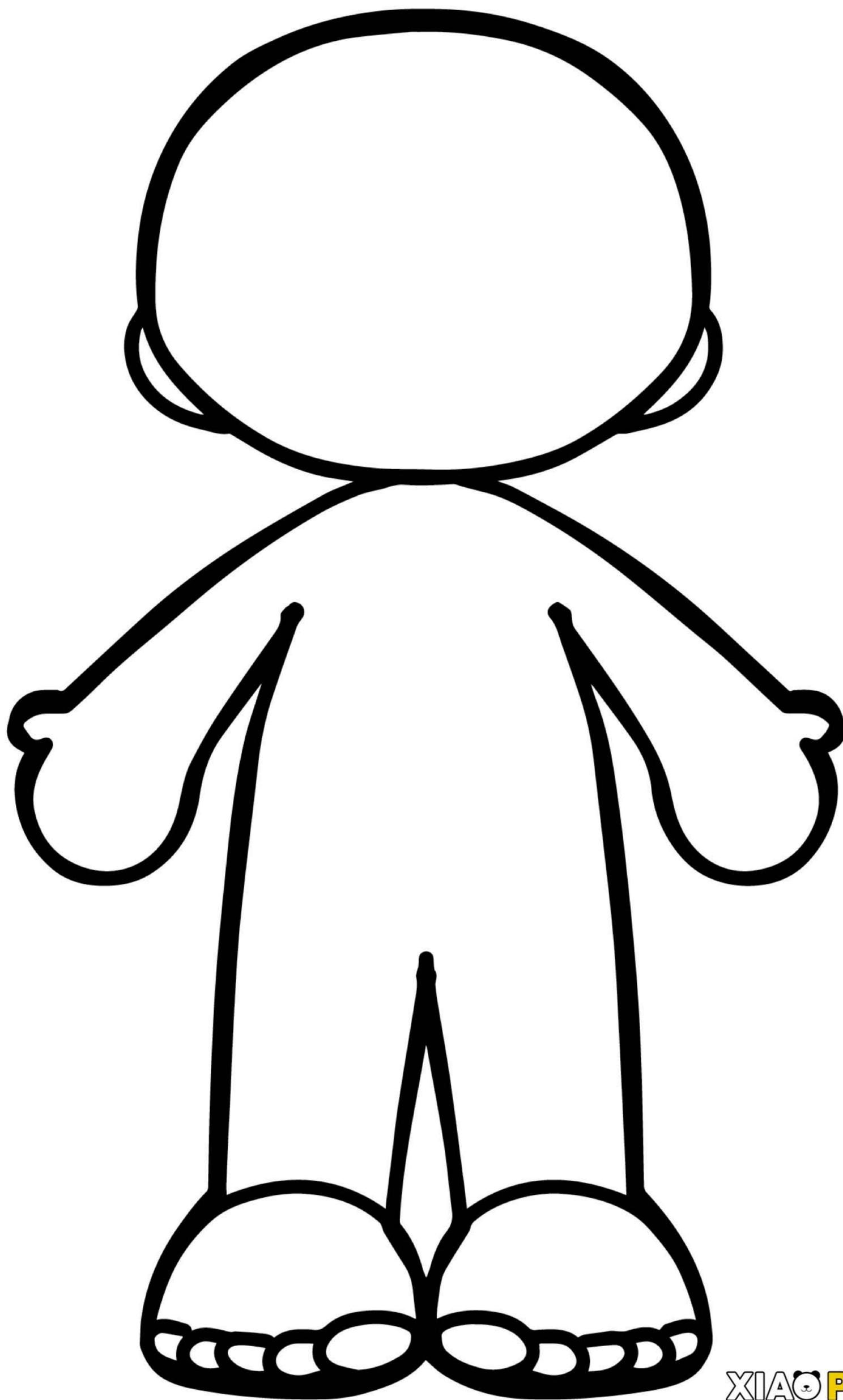
八

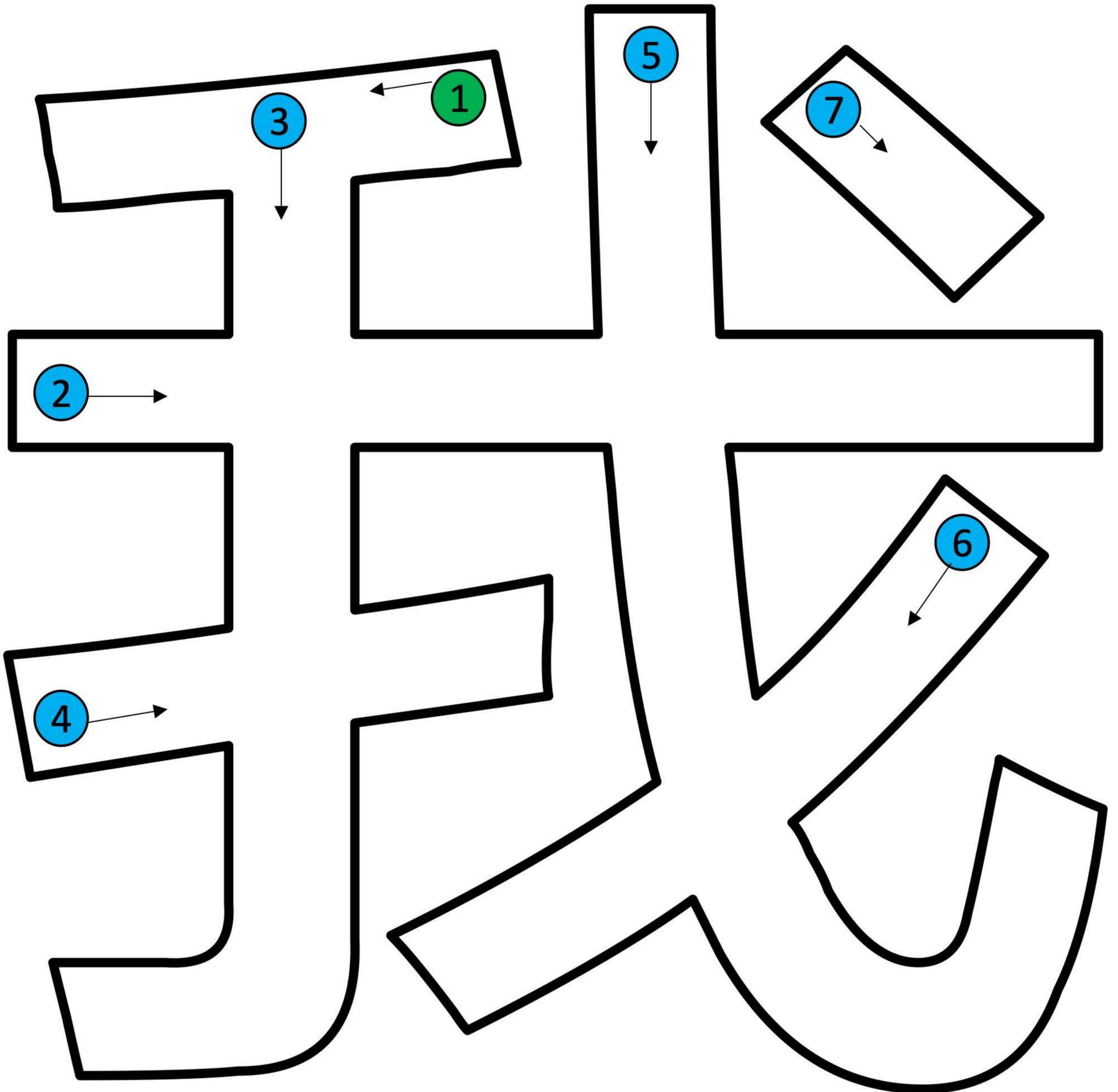
9

九

# 我的身体

wǒ de shēn tǐ







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