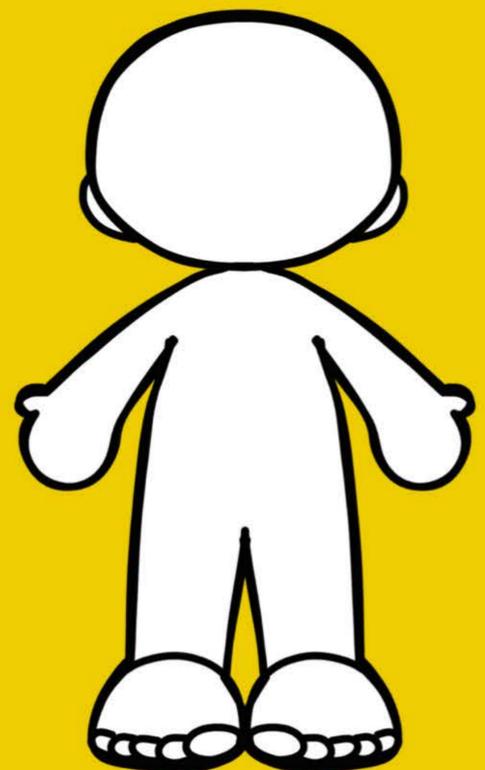


Week 1: Body

Virtual Chinese School



身体



Overview

欢迎(huān yíng) Welcome!

谢谢(xiè xiè) Thank you for joining with me on this Chinese learning adventure! I have poured my heart into these lessons and I hope you and your little one(s) experience great joy while learning Chinese.

How to access materials

You can access all content for our Chinese virtual school from my website: www.xiaopandapreschool.com.

Sharing Online

Feel free to tag me online in photos and videos from your participation and activities as you use Virtual Chinese School. You can use the hashtag #xiaopandapreschool or tag my Instagram @xiaopandapreschool so I can see the fun you're having. I would love to see the class in action!

However, sharing of any course materials: videos, login access, downloads, etc. is prohibited as these materials are protected by copyright. (See Terms and Conditions)



Creating a Routine

Choose a routine time and set up that your child can rely on a predictable routine.

Here is a SAMPLE schedule you can try with your child while using Virtual Chinese School.

9:30–10:00 Watch Virtual Chinese School video. There are new videos for Monday through Thursday, and you can rewatch one for Friday morning if you'd like!

10:00–10:20 Stretch break, snack, finish any art or project they may want to do from the video. Parent prep extension activity.

10:20–10:50 Try to speak Chinese and use vocabulary words as you play and learn using extension activity ideas.

10:50–12:00 Free Play

12:00 Lunch

12:30 Try another extension learning activity or review materials from the video and practice using Chinese words.



Supplies Needed for this Week:

- Drawing materials such as markers or crayons.
- Printer and Paper
- Scissors and glue
- Paper Plate
- Paint and old gift card
- Black paper and Q-tips
- Stapler

Supplies Needed for Extension Lesson Plans:

- Printer and paper
- Play Dough
- Music
- Drawing or Painting Supplies
- Coloring Tools
- Stickers or coloring tool
- Large Paper or Sidewalk Chalk
- Blocks or toys
- Photo of Your Child
- Page Protector
- Collage Supplies

Terms and Conditions: Copyright

Please realize this is my small business and **all materials are protected under copyright**. Do not share your login info with anyone. If you share your login info your account may be shut down and banned from further access to any course materials, without a refund.

You May:	You May NOT:
<ul style="list-style-type: none">• Use Virtual Chinese school materials in a single classroom or in a single home.• Have older and younger siblings watch and learn together.• Print multiple copies of worksheets for siblings to practice as well.	<ul style="list-style-type: none">• Give login information or access to your friends or colleagues.• Copy videos or files for use by others.• Post videos or materials on a website for download. This includes personal websites, school websites, Amazon, WeChat, etc.• Post any portion of this or a like copy for sale or for free.

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Clip Art Credits:



Terms and Conditions: Safety

Parents should supervise children as they participate in these videos as well as any extension activities.

Please be aware of any allergies your child or student may have. Never allow children to consume any foods they may be allergic to. If a child is allergic to any materials or foods recommended in Virtual Chinese School, do not use them.

Xiao Panda Preschool LLC and Suzy Williams is not liable or responsible for any bodily harm or other harm due to engagement with the activities or materials included in Virtual Chinese School.

Activities should only be offered under adult supervision. By paying, you are agreeing to these terms.

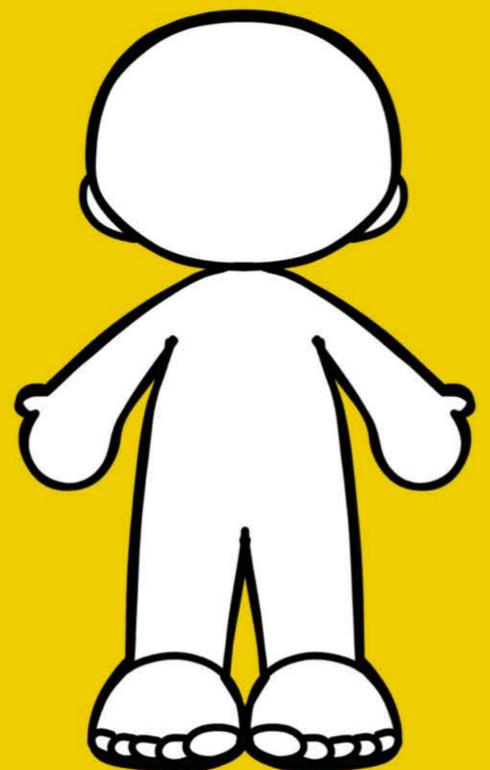


Week 1: Body

Weekly Lesson Plans



身体



Lesson Plans/Extension Activities

Materials	Activity/Lesson	Chinese Vocabulary Connection
<ul style="list-style-type: none"> • Favorite Items 	Have your child gather 5 of their favorite things or representations of favorite activities. Share your favorite things with a family member or take a video to share with Suzy老师	Practice using 我喜欢 wǒ xǐhuān (I like) as they show items.
<ul style="list-style-type: none"> • Matching Game Cards (Included) 	Print two copies of the matching game cards on cardstock. (If printed on copy paper you'll need to glue onto another paper so they're not see through. Turn the cards over and play "memory." Flip two cards and try to find matches.	Body Part vocabulary
<ul style="list-style-type: none"> • Music • Drawing or Painting Supplies 	Have your child try drawing or painting while listening to various styles of music. What different emotions do they feel from music such as classical, upbeat, pop, etc.?	kāixīn = Happy nánguò = Sad (Practice after video four)
<ul style="list-style-type: none"> • Emotions Printable (included) • Coloring Tools 	Have your child color the page with different emotion faces. Invite them to consider what colors may best represent each emotion and explain why they think it fits.	Practice color words and emotion vocabulary.*
<ul style="list-style-type: none"> • Circle character Page (included) • Stickers or coloring tool 	Print the page and use a bingo dauber, stickers or other coloring tool to find all the circles with the character 我/wǒ inside.	Recognizing the character 我/wǒ
<ul style="list-style-type: none"> • Large Paper or Sidewalk Chalk • Blocks or toys 	Trace an outline of your child outside with sidewalk chalk or indoors on a large paper. Have them talk about body parts and use blocks to measure arms, legs, etc. Count how many toys it takes to "measure" each body part.	Use body part vocabulary and try counting the toys in Chinese.

* If your child hasn't learned colors yet, save this activity for after week 2!

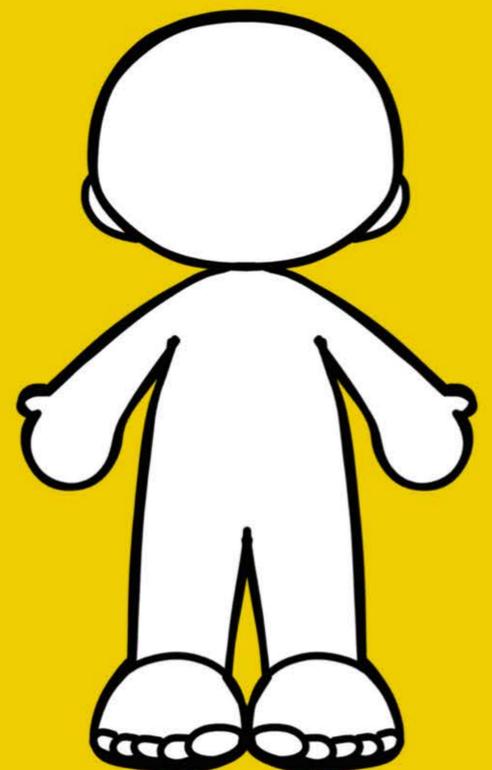
Lesson Plans/Extension Activities

Materials	Activity/Lesson	Chinese Vocabulary Connection
<ul style="list-style-type: none"> None 	Stand facing your child and invite them to move different parts of their body. You imitate their exact movements as if you are a mirror to them. Invite your child to try moving different body parts and use varying speeds. Switch roles and they become the mirror of you.	Explain what part you're moving and also try practicing the words for fast 快/kuài and slow 慢/màn.
<ul style="list-style-type: none"> Number Cards (included) 	Place numbers around a doorway and pretend you must hit a "code" to enter. Try saying the number in Chinese and your child must hit that number card to enter the room. Switch roles and let your child give the code number.	Practicing number words.
<ul style="list-style-type: none"> 8x11/A4 size photo of your child Transparency or page protector 	Place a photo of your child in a page protector or cover it with a clear transparency paper. Invite your child to trace the eyes, ears, nose, etc.	Use target body words as they trace features.
<ul style="list-style-type: none"> Paper and coloring supplies 	Trace your child's hand. Write 手/shǒu and see if they can turn their hand into something else such as an animal, vehicle, etc.	Draw: huàhuà Hand: shǒu
<ul style="list-style-type: none"> Optional: Paper for Tally chart 	Try saying "wo" even if you must finish the sentence in English. For example, "wo am hungry!" "Wo love you!" Point to yourself when you say it and see if your child will try it! You could try keeping a tally chart to see how many times they remember to say it in a day/week.	wǒ/我
<ul style="list-style-type: none"> Wo de Shenti Drawing Page Collage supplies such as fabric, stickers, buttons, etc. 	Use the provided printable and allow your child to decorate it – add facial features, clothing, make a collage with different materials and be as silly as they want. Try to use vocabulary as you play.	Body vocabulary words. wǒ de = My shēntǐ = body 

Week 1: Body

Activity Printables

一起加油



Number Soup 数字汤

四

九

八

五

一

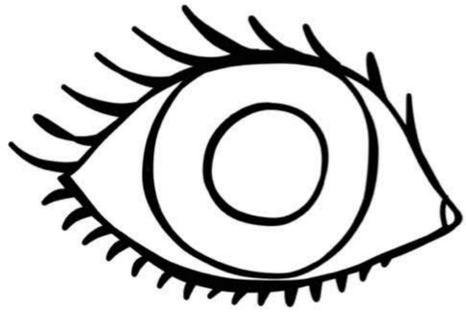
二

七

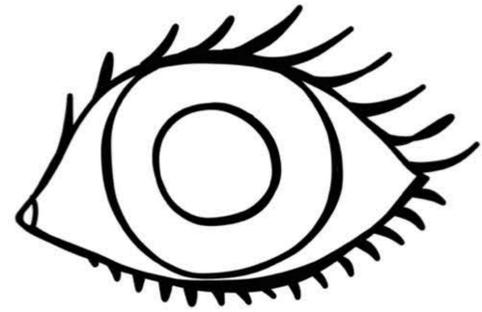
六

三

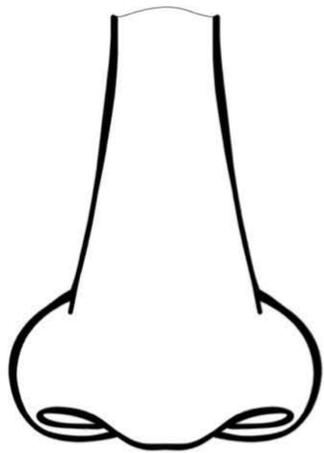
眼睛/yǎnjīng



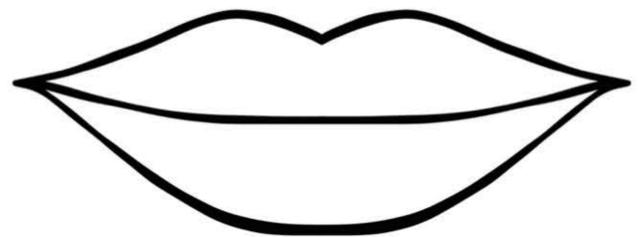
眼睛/yǎnjīng



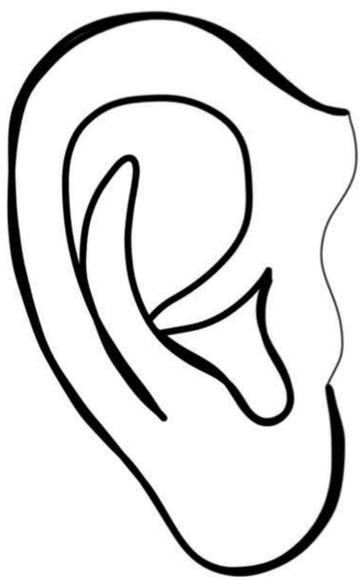
鼻子/bízi



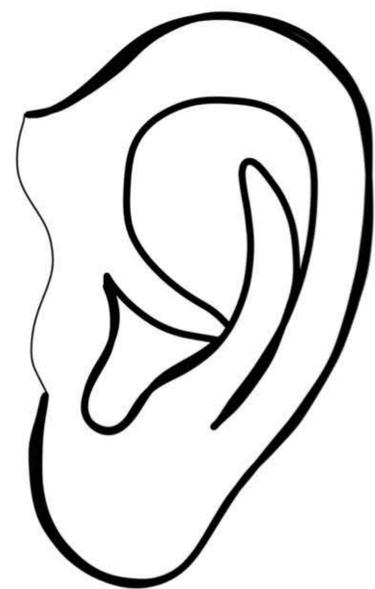
嘴巴/zuǐ ba

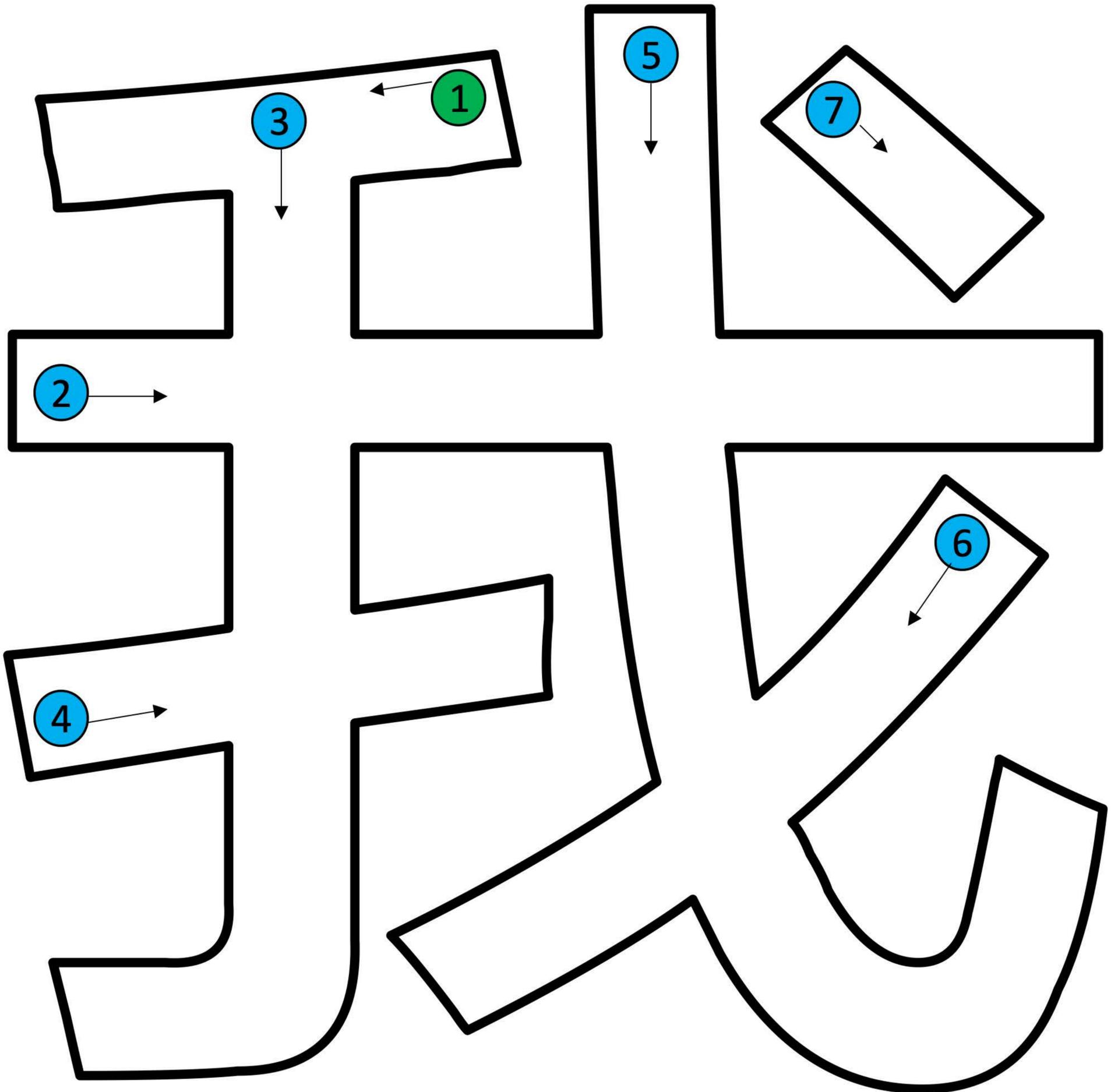


耳朵/ěrduo



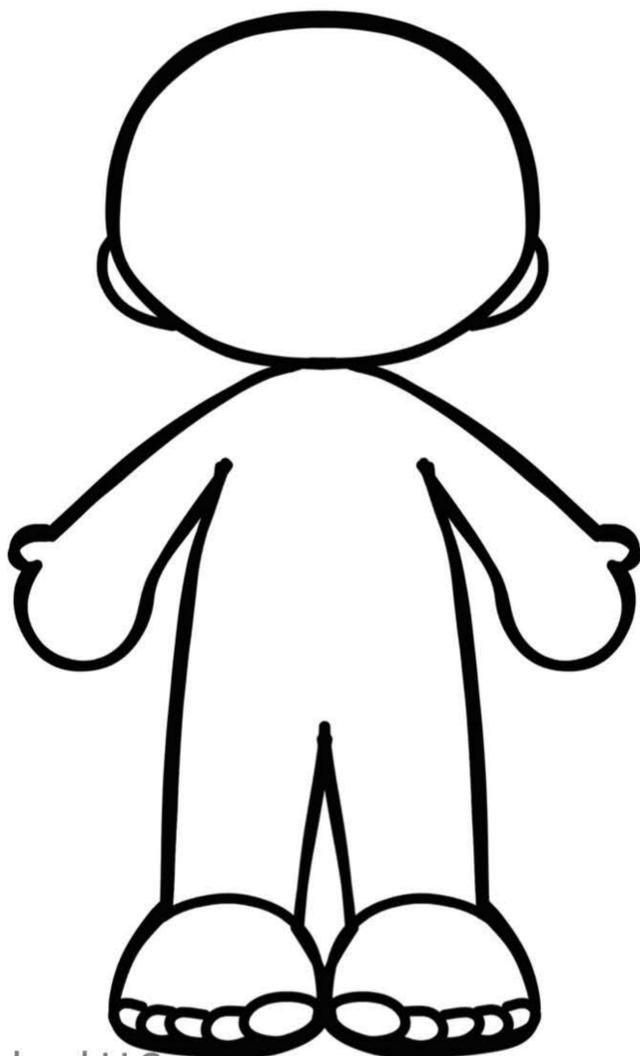
耳朵/ěrduo





我

wǒ

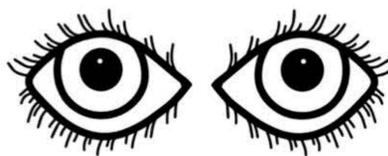


©Suzy Williams @Xiao Panda Preschool LLC

我的

de

眼睛



yǎnjīng

©Suzy Williams @Xiao Panda Preschool LLC

我的

de

耳朵



ěr duo

我的

de

嘴巴



zuǐ ba

我的

de

鼻子



bí zi

©Suzy Williams @Xiao Panda Preschool LLC

我的

de

头



tóu

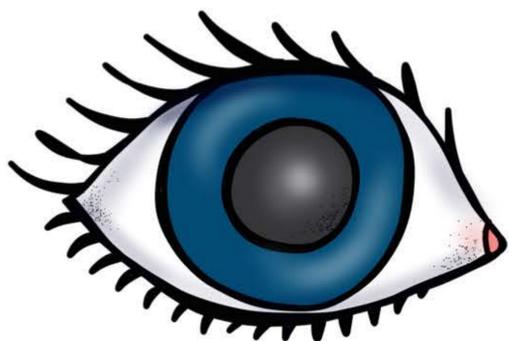
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Memory Game

Print two copies. Turn all the cards upside down on a table. Take turns flipping over two cards at a time. When two cards match, keep the set with you. Whoever has the most sets of matches at the end, wins.

眼睛

yǎn jīng



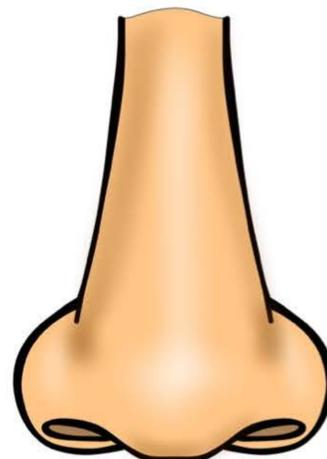
耳朵

ěr duo



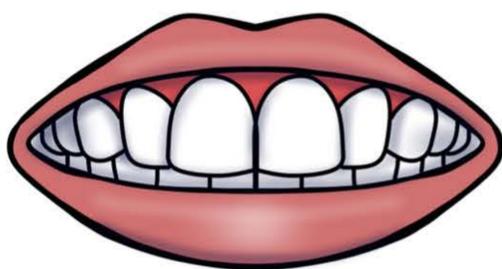
鼻子

bí zi



嘴巴

zuǐ ba



手

shǒu



脚

jiǎo



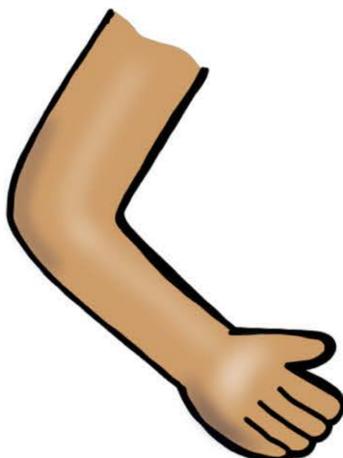
头

tóu



手臂

shǒu bì

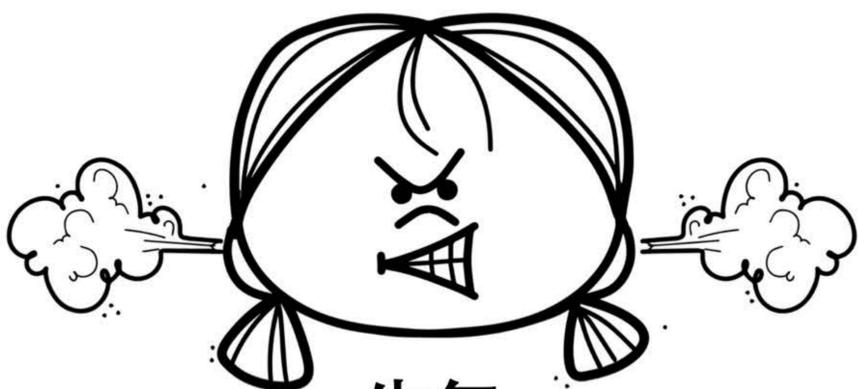


腿

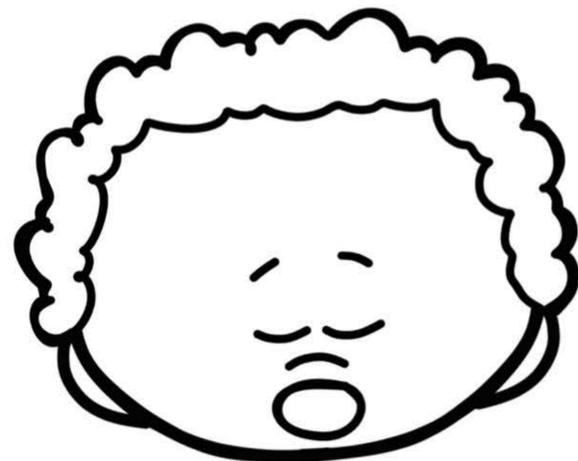
tuǐ



感情



生气
shēng qì



累
lèi



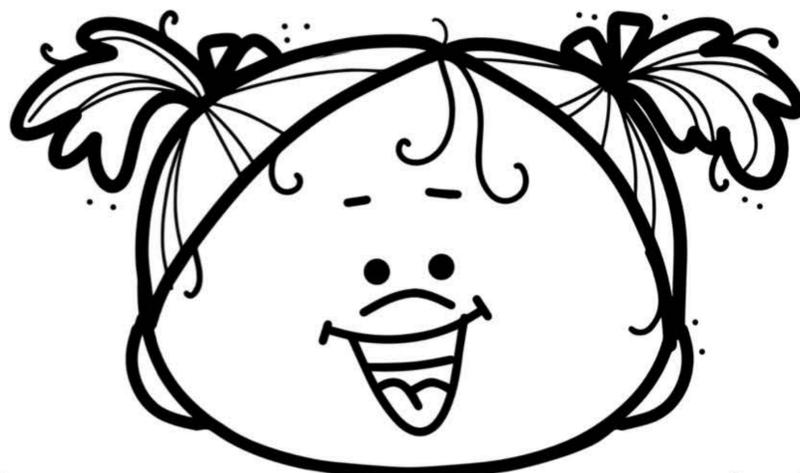
快乐
kuài lè



难过
nán guò



害羞
hài xiū



高兴
gāo xìng



惊讶
jīng yà



害怕
hài pà

Find and cover/color all the circles with the character wǒ/我

我	一	二	我	的	我	三	我	西	东	吃	我
谢	我	用	边	我	六	五	妈	我	谢	给	我
我	我	是	我	十	八	爸	一	的	妈	我	妹
二	我	八	红	我	的	你	我	你	我	的	三
四	十	我	边	我	点	我	谢	用	我	西	给
我	西	我	我	白	你	六	我	多	一	我	东
谢	我	用	我	五	吃	我	六	我	我	我	多

1

一

2

二

3

三

4

四

5

五

6

六

7

七

8

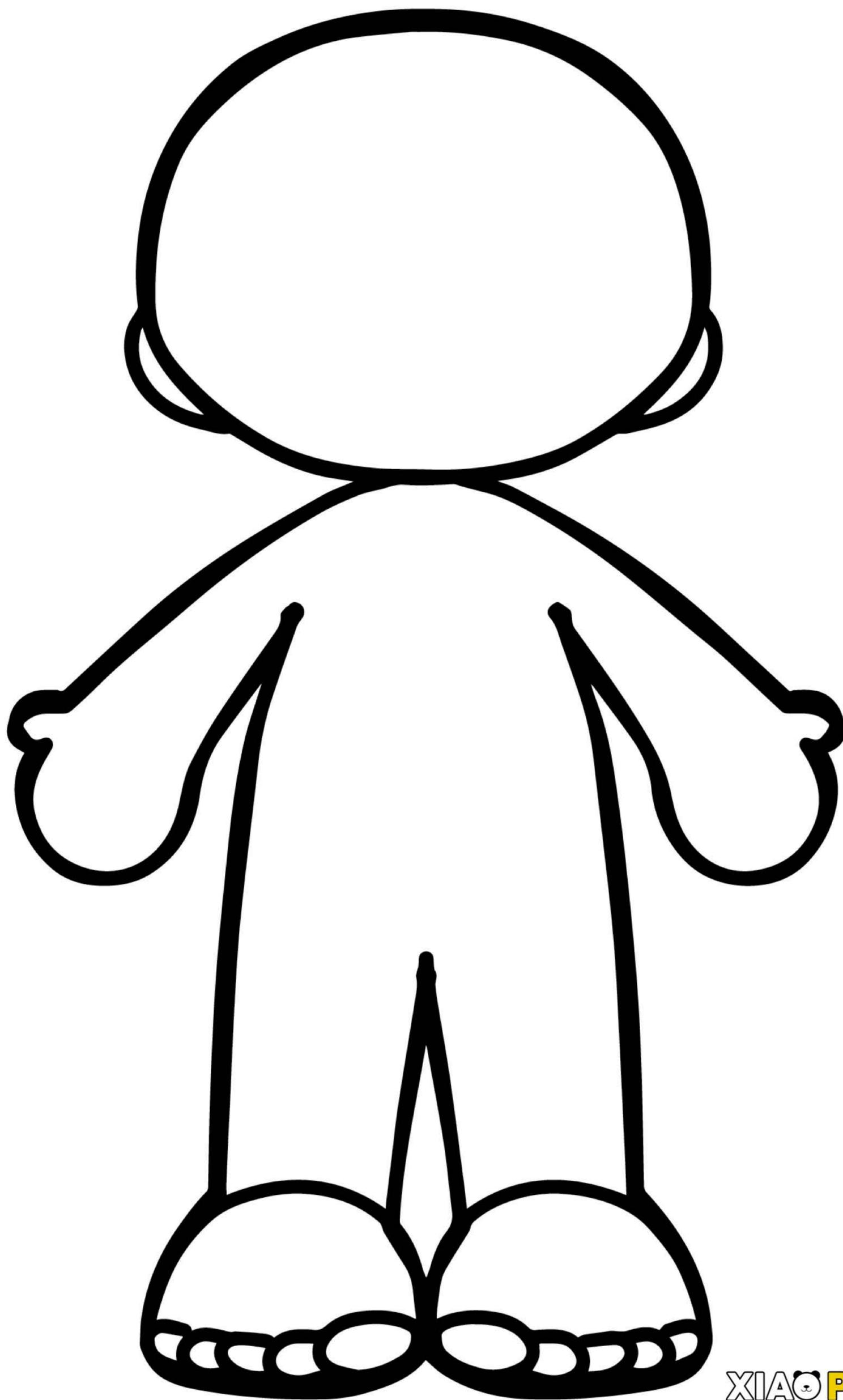
八

9

九

我的身体

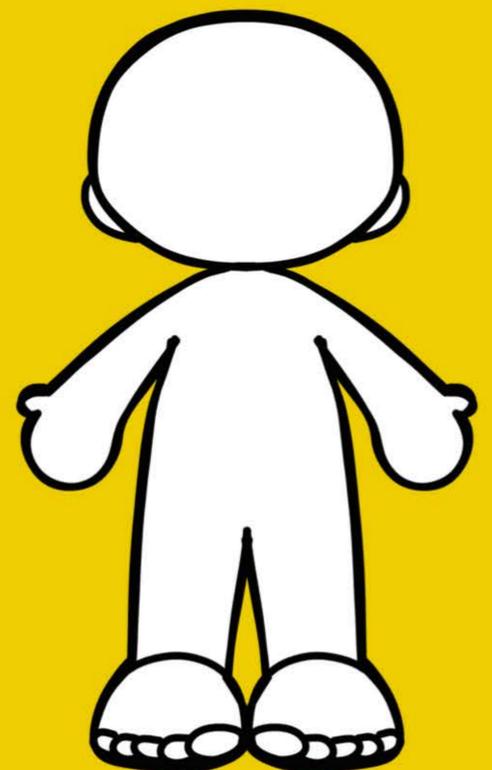
wǒ de shēn tǐ



Week 1: Body

Weekly Poem/Song

一起加油



Hello Song

你好，你好！

你好，你好！

很开心看到你，你好！

你好，你好！

你好，你好！

很开心看到你，嘿！

Goodbye Song

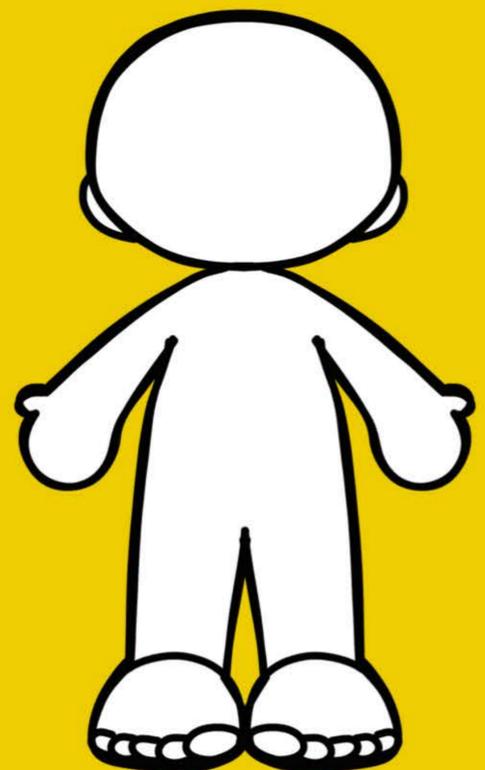
再见，再见，再见
老师再见，再见
小朋友们再见，
我们下次再见

Week 1: Body

Vocabulary List



身体



Vocabulary List

Hello	nǐhǎo	你好
Name	míngzi	名字
Teacher	lǎoshī	老师
Like	xǐhuān	喜欢
I/Me	wǒ	我
1/One	yī	一
2/Two	èr	二
3/Three	sān	三
4/Four	sì	四
5/Five	wǔ	五
6/Six	liù	六
7/Seven	qī	七
8/Eight	bā	八
9/Nine	jiǔ	九
10/Ten	shí	十
Body	shēntǐ	身体
Head	tóu	头
Eyes	yǎnjīng	眼睛
Ears	ěrduo	耳朵
Mouth	zuǐba	嘴巴
Nose	bízi	鼻子
Hair	tóufa	头发
Eyebrows	méimáo	眉毛

Vocabulary List

Shoulders	jiānbǎng	肩膀
Knees	xīgài	膝盖
Toes	jiǎozhǐ	脚趾
Arms	gēbó or shǒubì	胳膊 or 手臂
Hands	shǒu	手
Neck	bózi	脖子
Fingers	shǒuzhǐ	手指
Legs	tuǐ	腿
Feet	jiǎo	脚
Happy	kāixīn	开心
Sad	nánguò	难过

Phrases List:

Phrases to try and practice this week:

1

What is your name?
nǐ jiào shénme míngzi?
你叫什么名字?

Possible Response:

My name is...
wǒ de míngzi jiào...
我的名字叫...

2

How are you?
nǐ hǎo ma?
你好吗?

Possible Response:

I'm good/fine, thank you.
wǒ hěn hǎo, xièxie.
我很好，谢谢。

3

Are you ready?
你准备好了吗?
zhǔn bèi hǎo le ma?

Possible Response:

Ready!
zhǔn bèi hǎo le!
准备好了!

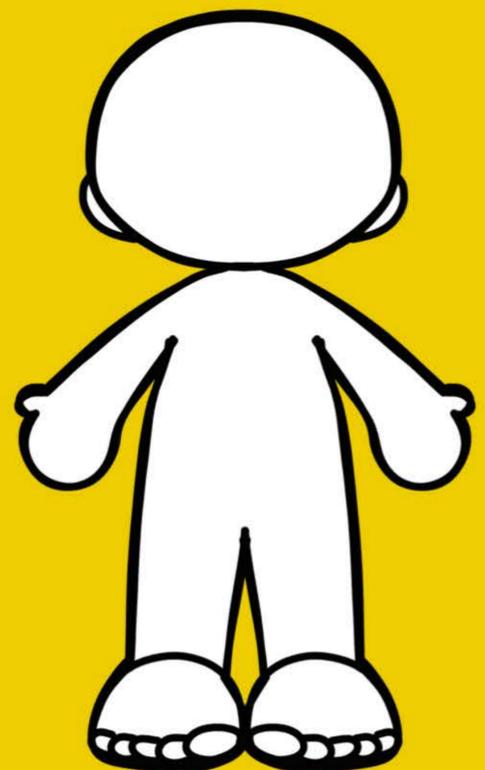
Week 1: Body

Extras

Resources & Supplies



身体

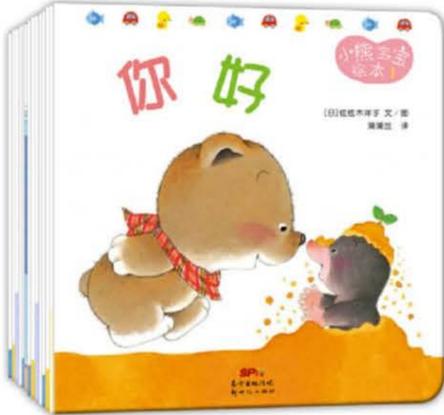


Chinese Virtual School: Week 1, Body/Self

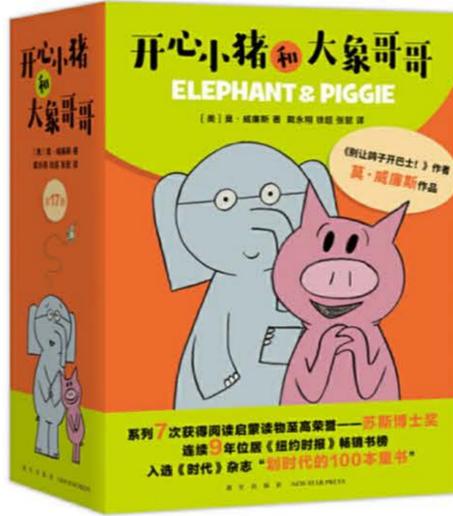
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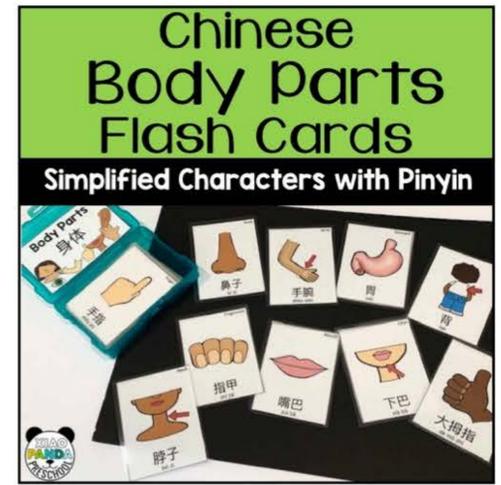
Ni Hao Baby Bear Books



Elephant and Piggie Books



Body Part Flashcards



Washable Markers



Paint Sticks



Emotions on Youtube



Head, Shoulders, Knees Toes on Youtube



XIAO PANDA
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Want More Chinese?

Suzy Laoshi has 5 MORE WEEKS of videos and lesson plans and printables ready for you.

[Click Here](#) to purchase access to:

Week 2: Colors

Week 3: Family

Week 4: Food

Week 5: Health and Safety

Week 6: Birthdays



See you there!

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CRAYONS



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